



Weston High School

STUDENT HANDBOOK of Covid-19 Procedures 2021-2022

Weston High School
4407 172nd St. NE
Arlington, Wa 98223

360.618.6340

Expectations of Learning

- **Be Present**

- Arrive every day wearing a face mask.

- **Be Accountable**

- If you are not feeling well, stay home.
 - Look at the *“Return to School After Symptoms”* for guidelines.
- Notify us of your absence and work on unfinished assignments.

- **Be Persistent**

- Wash your hands throughout the day.
 - Wash your hands anytime you change activities: (before lunch, after you use the restroom, entering/exiting a class, entering the building.)

- **Be Encouraging**

- Maintain social distance from others.

- **Be Respectful**

- Follow the expectations and protocols outlined in this handbook and from all staff to ensure the safety of everyone.

Preventing Transmission of Coronavirus

Please do not come to school if you are ill or showing symptoms of illness.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you are experiencing any of these symptoms:

- Please contact your medical provider for additional health instructions and/or testing.
- If you feel ill, notify the attendance office of your absence at 360-618-6345
- Communicate with your building nurse to determine the appropriate plan for your healthy return.

If you have been diagnosed with COVID-19 or have been in close contact with someone that has been diagnosed with COVID-19, communicate this information to follow the most recent guidance from Snohomish Health Department

If you develop any of these symptoms while at school, we will ask your parent/guardian to promptly come and pick you up from Campus. Please make sure your contact information is up-to-date with our school. Make sure that your parents/guardians have a back-up person(s) available and on file with the school that can quickly pick you up if your parents/guardians are not available.

You will be given the opportunity to test for COVID-19 on campus if you are exhibiting symptoms. Testing will require parent/guardian permission for all students under 18 years old.

Your help with following these guidelines is instrumental in keeping students and staff safe, as well as moving forward with our school district's educational step plan.

When to Stay Home from School:

If any of the following statements apply to you, stay home from school:

- If you are not fully vaccinated and have been in close contact with someone who has tested positive for COVID-19 in the past 14 days
- Told by a public health or medical professional to self-monitor, self-isolate, or self-quarantine because of concerns about COVID-19 infection
- Had a positive COVID-19 test or active virus in the past 10 days
- Awaiting the results of a COVID-19 test due to symptoms or exposure

Response to Positive COVID-19 or Showing Signs of COVID-19:

- If a student is confirmed, suspects, has been in contact with someone confirmed to have COVID-19, or showing signs of COVID-19, the student **must** contact the main office/nurse to communicate the information.
- The school nurse will follow the protocol set in place that includes, and are not limited to, whether to quarantine the class or school; provide necessary information to conduct contact tracing; and when the student can resume school or work.
- The student **cannot** return to in-person learning or any activities until they have been given a date by the office/nurse when they can return to the campus.

Students Exposed to COVID-19 (not on an ASD campus)

- If a student has had close contact with someone with COVID-19 or is notified by the Health Department that they have been identified as a close contact of a COVID positive person, they should quarantine for the current recommended timeframe.
- If a student develops symptoms of COVID-19 during their quarantine, they should seek testing for COVID- 19, and follow guidance above for confirmed COVID-19 cases.
- **The student should not return to campus until they have been given a date by the office/nurse when they can return to in-person learning.**
- If you have questions, contact our school nurse for additional guidance.

Return to School Campus Process

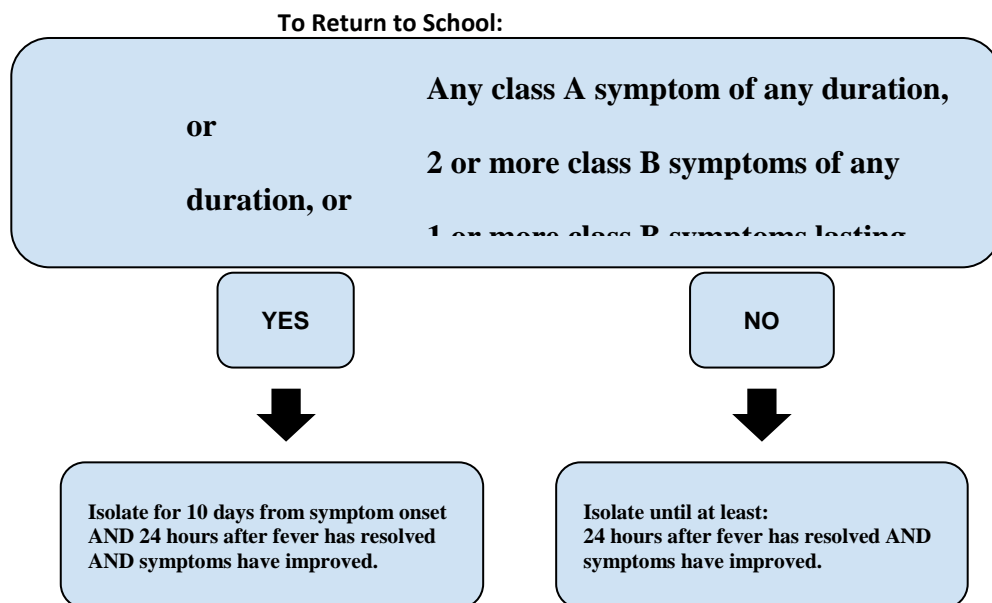
As you are aware, Arlington Public Schools have implemented processes and procedures during this outbreak of COVID-19 and we are committed to keeping students and staff safety our top priority.

Symptoms of COVID-19:

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

Class A Symptoms	Class B Symptoms
<ul style="list-style-type: none">● Fever (defined as 100.4°F or higher)● Cough● Loss of sense of taste● Loss of sense of smell● Shortness of breath	<ul style="list-style-type: none">● Fatigue● Headache● Muscle or body aches● Sore throat● Congestion or runny nose● Nausea or vomiting● Diarrhea (defined as 2 or more loose stool in 24 hours)●

If any individual experiences 1 or more new symptoms; a parent/guardian will need to pick up their student and follow the Return to School/Work Guidance by the WA State Department of Health.



Return to School Process

As you are aware, Arlington Public Schools has implemented new processes and procedures during this outbreak of COVID-19 and we are committed to keeping students and staff safety our top priority.

Instructions

- Please contact your student's medical provider for additional health instructions and/or testing.
- If your student is ill for additional days, please notify the attendance office of your student's absence.
- If your student is **positive** for COVID-19, they may return 10 days after symptom onset **AND** symptoms are resolving **AND** 24 hours after fever resolves.
- If your student is **negative** for COVID-19, they may return to school campus when symptoms are improving **AND** they have not had a fever without the use of fever-reducing medication for > 24 hours.
- If your student is **not tested** for COVID-19, they may return to school 10 days after symptoms began **AND** symptoms are resolving **AND** 24 hours after fever resolves.

Care Room

In the event that you become sick while on campus, you will be removed from your class and brought to the Care Room where the nurse will remain with you until your parents/guardians arrive to pick you up.

Care Room Process

From Classroom/Staff/Teacher

- Phone call to health room/**or front desk** notifying nurse of student arrival
- Adult accompanies student to the care room
- Student is sent to the care room with a mask on
- Student to wash hands or apply hand sanitizer prior to leaving classroom
- Student brings personal belongings with them to care room
- If student is in need of para support, para to accompany student to care room
- Health Room Nurse or Health Assistant (para) meets student at care room

At Care Room

- At the entrance of care room, screen student with symptoms and document
- Student sits in 6' distanced chair in the care room
- Student is monitored by Care room staff member
- Staff will call parent/guardian for pick up

Student Exit from Care Room

- Parent/Guardian will receive health information instructions form prior to discharge from care room
- Encourage parent to contact HCP as most HCP are testing for Covid-19 even if patient only has one symptom.

Cleaning

- Care Room Staff will communicate with the janitor
- Areas are sanitized after each student use:
 - Care / Isolation area
 - Sanitized by custodial staff after student leaves
 - Restroom (if used)
 - Sanitized by custodial staff
 - Locker/cubby
 - Sanitized by custodial staff

- Classroom personal area
 - Sanitized by custodial staff

Face Covering

- Respiratory droplets are the primary way COVID-19 is transmitted from person to person. Face masks are the most critical components of risk reduction. Staff, students, and visitors are required to wear a face mask at all times that covers their chin and nose while on school grounds.
- Wearing face masks is required for everyone on school buses and on campus.
- Acceptable masks include disposable surgical masks and cloth masks.
- Masks made of mesh/lace material, gaiters, bandanas, face shields or vented masks are not acceptable. Additionally, clothing and household items (t-shirts, sweater shirts, or towels) are not acceptable for use as masks.
- Students will have the opportunity to remove their masks at mealtimes and when outdoors six feet apart from other people. Students should plan to dress warm because they might be outside frequently during the day.
- If the mask is soiled, dispose of it in the trash (if disposable mask) and put on a clean mask.
- If the cloth mask is soiled, put it in a separate bag and put it in a backpack to bring home for laundering, put on a clean cloth mask.
- Students should wear a clean face mask every day.
- If a student arrives without a face covering, one will be provided to them.
- Masks cannot be inappropriate or derogatory in nature.
- Weston High School has provided each student with a cloth mask, which should act as an example of what an acceptable mask looks like.
- Students in the American Sign Language Class will be issued face shields to use only during that class period. All other classes require the use of an approved mask.
- There will be built in mask breaks throughout the day for students. Teachers will instruct them when and where.



Hygiene Practices:

Routine healthy hygiene practices are a foundational measure to protect against COVID-19. Everyone in our school buildings will be required to:

- Wear a face mask that covers the chin and nose at all times.
- Exercise hand hygiene (hand washing or sanitizing) whenever changing activities.
- Hand sanitizer will be provided in all classrooms.
- Use soap and water to wash all surfaces on their hands for at least 20 seconds.
- Avoid touching eyes, nose or mouth.
- Practice covering coughs and sneezes with a tissue or elbow (remember to wash your hand after).

Physical Distancing:

- All students must maintain social distance to the extent possible.
- There is no gathering or loitering in the hallways or common areas.
- Students will be expected to maintain 3 foot physical distancing on the school bus and classroom setting.
- Students should not be touching each other (holding hands, hugging, kissing etc.).
- Students are **not** allowed to change the layout of desks, tables, chairs, and other items implemented to promote social distancing in classrooms and commons areas to maintain physical distancing.
- Students need to stay in their seat at all times during class periods and at lunch.

Any student who is unwilling to abide by these safety procedures may lose the opportunity to attend school in-person.

Cleaning and Disinfection:

- There are a number of sanitization stations (hand sanitizer) throughout the buildings and classrooms.
- Students are encouraged to bring their own hand sanitizer to school each day.
- Safety signage has been placed throughout the building to reinforce healthy hand hygiene and social distancing reminders.
- Desks in classrooms will be cleaned when students switch classes. Classrooms will be supplied with a stock of wipes. Prior to the end of each class period, your teachers will provide a wipe to each student who will wipe down their own desk before leaving for the next class.

School Operations

Closed Campus:

- Students will **not** be allowed to leave the school during school hours.
- Students **must** stay on campus during breaks and lunch time.
- Any student who chooses to leave the campus during the school day will face disciplinary action and will lose the opportunity to attend school in-person.
- Students who need to leave for appointments including Sno-Isle students must sign out at the office for permission. Students will **not** be allowed to return to school on the same day once they leave the campus. Any students who are in a sport or activity at Arlington High School may leave the campus afterschool but will be required to screen again before their practice.
- Students are encouraged to engage in remote learning when they have appointments or conflicts during their in-person school day.

Students Refusing to Follow Safety Guidelines:

- Any students who refuse to follow safety guidelines (face mask, social distancing, leaving campus, etc) will be referred to the Principal.
- The Principal will contact the student's parents/guardians to report the insubordination. For subsequent infractions, students may lose the opportunity to participate in in-person instruction. In these situations, students will be offered educational services through an alternate method.

Attendance:

- In-person attendance will be taken each period everyday by the classroom teacher.
- If a student is sick and misses a school day, the student will be required to contact the school for approval prior to returning to school.
- If a student is absent, the student is expected to email their teacher of their absence.

Lunch Plan:

Weston High School is a closed campus for lunch. Therefore, students will not be allowed to leave campus for lunch. At the start of lunch, students will sanitize their hands upon leaving class, socially distance while lining up to get lunch, at no charge. Students will have the opportunity to either eat in the Commons at an open, unmarked seat or outside at the Picnic Tables when the weather permits. Once seated, students will remain in their seat until the end

of lunch, with the exception of throwing away garbage, visiting the nurse, or using the restroom.

Seats at the lunch tables have been marked with “X” that are not available for use. The Commons has a mixture of single seat tables and double seated tables. The availability of the seats are first come, first serve.

Learning Expectations:

- Cell phones must be put away during instruction.
- Students need to bring their laptop/charger and supplies to school each day.
- Students need to be sitting at their desks at all times unless given permission by the teacher to move.

An Example: A Student’s Day at Weston High School

Here is an example journey of a WHS student named Sara.

- When Sara’s bus arrives to pick her up for school, she has her mask on, uses hand sanitizer, walks on the bus and sits in her designated spot.
- Once inside the building, Sara will go directly to her first period.
- Once she reaches the classroom, Sara sanitizes her hands again using the hand sanitizer located at the entrance of the classroom door. She sits in her assigned seat and is aware that there is no eating in the classroom. The room is set up so all the students are sitting 3ft apart.
- Sara’s teachers are wearing masks and support students in a socially distant manner.
- At the end of first period, Sara will proceed to her second period class. Sara is wearing her mask at all times and is maintaining social distance in the hallways. Sara is **not** allowed to gather with other students in the hallway or commons.
- At the end of fourth period, Sara will proceed directly to the commons for lunch.
- During lunch, she will sit down at an available seat (open seats will be marked). Sara will remain in her seat for the entire duration of lunch.
- At the end of lunch, Sara will sanitize or wash her hands and proceed to next period. At the end of the day, Sara leaves the school following the traffic directions and proceeds directly to her bus.
- Sara cleans her hands with hand sanitizer, boards the bus and keeps her mask on at all times until she reaches home.

